

Training

A SHAD Personal Assistant placement is both challenging and rewarding. In order for applicants to understand the unique demands of the role and be equipped with the skills and confidence necessary to meet the expectations of our service users, all new applicants attend free training sessions covering all aspects necessary to provide support to service users.

No previous experience or formal qualifications are required as you will learn about physical disability and how to be a SHAD Personal Assistant as your placement proceeds.

SHAD training is structured to give you:

- an understanding of physical disability
- thorough, practical preparation for the role
- backcare and safe movement skills
- first aid skills
- food hygiene, medication, adult protection, stroke awareness and wheelchair handling skills
- Opportunities (subject to eligibility) to achieve qualification to NVQ Level 2 in Health and Social Care
- contacts for on-going support in your role

‘The training gave me all the practical skills I needed’

Laura

SHAD training is carried out using professional and experienced trainers and/or on-line methods. Informal group formats are utilised which are highly practical yet fun with plenty of opportunity for you to ask questions and build supportive relationships with fellow course members and SHAD personnel.

‘Many of our Personal Assistants have found the SHAD training and skills learned useful when applying for further education or other vocational jobs.’

Jakki Morgan, SHAD.